



# WISDOM INNER MANAGEMENT

## WISDOM CORPORATE WORKSHOPS

- \* **MANAGING STRESS FOR EMOTIONAL FREEDOM**
- \* **WORK ETHICS THROUGH SYNERGY**
- \* **ENHANCE PRODUCTIVITY THROUGH EXCELLENCE**
- \* **VALUE SYSTEMS FOR TOTAL TRANSFORMATION**

## LIGHT OF WISDOM

**"It's better to light a candle, than to curse the darkness"**



## THE ART OF INNER MANAGEMENT



Life thrives on the principles of action. Every action has immense potential when endowed with Wisdom. Not understanding this, one acts impulsively, constantly worrying and reacting. Thereby actions become impoverished. This causes immense stress and strain which saps the energy.

The Art of inner management provides the know-how to manage the mind, and enables the handling of life's multiple challenges with a strong character and ethical spine. This individual transformation is essential to impact both one's personal life and the fortunes of the organisation.

This presentation covers the essential aspects of all management and gives the blueprint of the Wisdom Manual.

# THE ART OF INNER MANAGEMENT - KEY WORKSHOPS



## MANAGING STRESS FOR EMOTIONAL FREEDOM

### RELATIONSHIP MANAGEMENT

- Nature of the World
- Relationship with the World
- Assessment is the Key

### STRESS MANAGEMENT

- Anatomy of Stress
- Stress and its Symptoms
- Benefits of a Stress-free Life



**“Nothing in the world can disturb you, except yourself”**



**“It’s not what you relate to, but how you relate to”**



**“Have you insured your Peace of mind?”**



## WORK ETHICS THROUGH SYNERGY

### HUMAN NATURE

- The Incredible Machine
- Three Types of Actions
- Incentive vs Initiative

### BLUEPRINT TO INSPIRED ACTION

- Synergise and Resonate with a Common Goal
- The Nine-Fold Path
- Achieve Inner Harmony



**“Does your work inspire and motivate you?”**



**“It’s not what you do, but for what you do”**



**“Higher the goal, great is the inspiration”**



## ENHANCE PRODUCTIVITY THROUGH EXCELLENCE

### PROSPERITY WITH PEACE

- Two Primary Motivations
- 3 States of Mind
- Ideal Action
- Ingredients of Success

### GLORY OF RENUNCIATION

- Demystifying Renunciation
- Renounce the non-essentials of Action
- Embrace Action with a Spirit of Renunciation



**“Intense work is rest”**



**“Manage dissipation of your mental energies”**



**“It is not renunciation OF action; it is renunciation IN action”**



## VALUE SYSTEMS FOR TOTAL TRANSFORMATION

### MIND WREAKS HAVOC

- The War Within
- The Mind Loses its Sanity
- No Intellect – Destruction

### THE ULTIMATE MANAGEMENT

- The Salient Qualities
- Endowed with Wisdom
- Gain True Identity



**“There is a constant war within between the lower and higher propensities”**



**“Conquer the mind, conquer the world”**



**“Renounce the non-essentials and embrace the essentials”**



## BENEFITS OF WISDOM WORKSHOPS

### TO THE INDIVIDUAL:

- Work life integration
- Emotional balance
- Develop clarity of thought
- Purpose driven work
- Enhance efficiency and productivity
- Develop objectivity to work
- Total Transformation

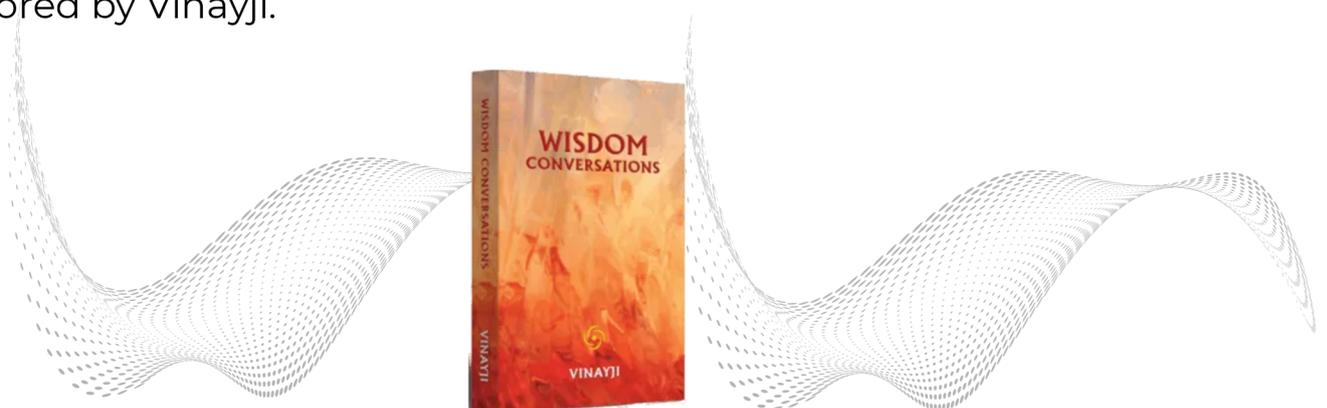
### TO THE ORGANISATION:

- Dynamic and synergised actions
- A healthy work environment
- Creates initiative to serve the organisation
- Growth of the Organisation to greater heights
- A force to reckoned with

## COURSE METHODOLOGY

A unique interactive, participative and an inclusive program that disseminates practical concepts for work application. Real life examples, case studies, group discussions and Q & A sessions that draws out the essential principles of wisdom in this workshop.

All participants will be given a copy of the book "Wisdom Conversations" authored by Vinayji.



## ABOUT VINAYJI



Vinayji is a thinker, philosopher, author, management guru and founder of Wisdom Foundation. His quest and fervor for self-management started at the early age of 16. His teaching are supported by over three decades of full-time study and research on ancient wisdom and its practical application to life.

His in-depth understanding, unique interactive style and lucid explanation translates subtle philosophic themes into values lessons in applied philosophy. His appeal lies in the presentation of these truths with absolute precision, effortless ease and consummate wit.

His tireless work in India and other countries has captivated the minds of people and inspired them to commit to a higher ideal. It has enable them to transform their lives in significant ways – be more productive and peaceful.

Vinayji is full engaged in promoting higher values through public discourses, retreats, modules for educational institutions, management seminars and in-house workshops.

Vinayji stands as a testimony to dynamic living of higher values.



 *This program can be offered through physical sessions or an online program integrating a Dialogue with the Guru (Q & A) module.*

 *This holistic program can also be tailor made to suit the needs of your organisation.*

### FOR FURTHER INFORMATION:

 **INDIA +91 98660 09769/  
+91 91210 07920**

 **MALAYSIA +6012 4812 762**

 [training@wisdomfoundationin.org](mailto:training@wisdomfoundationin.org)

 [www.wisdomfoundationin.org](http://www.wisdomfoundationin.org)